

1. There is a pilot drug study through Rutgers University to evaluate improvements in behavioral problems associated with autism. If interested, please reach out to Dr. Zimmerman-Bier at [Asdpropranolol@rwjms.rutgers.edu](mailto:Asdpropranolol@rwjms.rutgers.edu) or call 732-401-6588. See the next page for a copy of the research flyer.

**RUTGERS**  
Robert Wood Johnson  
Medical School

**Participants Needed for Autism Research**

Rutgers University (RWJMS) is conducting a Pilot/Feasibility Study of the Use of High Dose Propranolol to Treat Severe and Chronic Challenging Behaviors in Adolescents and Adults with Autism Spectrum Disorders

**Who can qualify?** Children & adults (ages 12-30 years) with a diagnosis of autism

**What is the first step?** Complete an initial interview and screening. If or your child qualifies for the study, he or she will receive the medication and will undergo regularly scheduled appointments.

**What are the risks?** Some participants may experience drug-related side effects.

**What are the benefits?** Possible improvements in behavioral problems associated with autism.

**Where?** The study will take place at the Rutgers University (RWJMS) and via "Skype" like calls.

**Who is the sponsor?** New Jersey Governor's Council on Autism

**Is there compensation for participating?** The research will be at no cost to you or your insurance company.

PI: Dr. Zimmerman-Bier  
Department of Pediatrics  
Children's Health Institute  
89 French Street New Brunswick New Jersey 08901  
Contact: Study Coordinator  
Email: [Asdpropranolol@rwjms.rutgers.edu](mailto:Asdpropranolol@rwjms.rutgers.edu)  
Call: 732-401-6588

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2. If you feel that your child might benefit from in-person ABA therapy to work through challenging behavior, build important communication skills, increase compliance, etc., please see a list of other providers below. This list includes some center-based services and ones in which the therapist travels to your home to work with your child. You could ask your insurance company about these companies to determine whether the insurance company covers them. You could also call them directly (but it may be quickest to work through insurance first):

Provider Name	Phone Number
Perform Care	877-652-7624
A Friendly Face	201-339-7770
Infinite Therapy Solutions	862-223-8002
Hybridge Learning Group	908-917-2552
The Data Group	908-812-0766
123 ABA	201-259-0817
ABA Solutions	646-260-3875
ABA 4U	908-686-1505
Family Resource Network / Autism Family Services of NJ	877-237-4477

3. Another way to identify a professional in your area capable of implementing behavior-analytic services is to visit the Behavior Analysis Certification Board® [website](#). By clicking on this particular page, you can enter your zip code to obtain a list of practicing Board Certified Behavior Analysts (BCBAs) in your area.
4. You also may be able to identify an agency or program in your area that specializes in Applied Behavior Analysis, which is the applied science from which this process was developed, by visiting this [resource guide](#) pulled together by Autism Speaks®. Select your state and scroll down to the intervention category. There you will find programs specializing in applied behavior analysis.
5. Another option is CSH's Parent Behavior Management workshop series that is run by our Psychology department. It is a series of 7 evening sessions through telehealth but does not go through insurance. If you are interested, contact Dr. Isenberg at (973) 756-7648 or see the full calendar of workshops [here](#).
6. If you feel as though your child or your family are in crisis due to your child's escalating problem behaviors, you can also reach out to NJ Children's System of Care (PerformCare) at 1-877-652-7624 for urgent mobile response stabilization services. For more information on mobile response stabilization services and other crisis resources, you can visit this [website](#).
7. You can also check the following websites for additional information or resources:
  - a. <https://www.autismnj.org/information-services/find-a-referral/>
  - b. <https://www.youtube.com/watch?v=4Yfq0dXT9NE&list=PLBfkTLqXjnPzPIsvKi-DOrzz4tRVISxEv&index=10>
  - c. <https://www.state.nj.us/health/fhs/autism/>
8. Additional conferences and workshops to attend:
  - d. <https://www.autismnj.org/education-training/workshops-webinars/> - Free online webinars for caregivers or individuals with Autism
  - e. <https://www.gotostage.com/channel/abe836bc06b4492a9f3bed75fab3f024> - Various online webinars for caregivers, etc.
  - f. <https://www.poac.net/training/workshops-conferences/> - For parents, educators in the field or individuals interacting with children or adults with autism.
  - g. Family support group: "Autism Spectrum Disorder Navigating the Journey: An Overview of ASD"- Register [www.childrens-specialized.org](http://www.childrens-specialized.org) "Event" and search calendar <https://faces4autism.org/support-groups/>
  - h. For siblings of children with intellectual and developmental disabilities ages 8-12 years old. Events are free, use [this link](#) to register for a Sibshop event.

Additional Research Opportunity (Open to any child 4 months – 24 months) – may be appropriate for young siblings of potential patients:

**Institute for the Study of Child Development**  
**Where Science and Baby Minds Meet**



The Institute for the Study of Child Development at the Rutgers Robert Wood Johnson Medical School invites you and your infant (4 – 24 months of age) to participate in a free research study on how infants learn about their world through vision and hearing and interaction, and how this might identify at-risk infants.

You together with your baby will watch a few short videos of moving objects and talking faces, and also spend some time interacting with each other face-to-face.

**We make appointments to fit your schedule**  
Appointments last approximately **45 minutes**

Please contact Stacey at (732) 235-7700  
Or [napolis1@rwjms.rutgers.edu](mailto:napolis1@rwjms.rutgers.edu)

**Parking Provided!**

**Fun for you and your baby!**

**Siblings Welcome!**

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